



Foodbanks

Crisis-point food support in Stockton-on-Tees



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Please double check with the organisation before travel, as details are subject to change. Usually, foodbanks require a referral from an organisation.

<p>Billingham & Stockton Foodbank, Stockton Central <i>(referral essential)</i></p>	<p>Open Wednesdays & Fridays, 10 - 1pm</p>	<p>Proof of identification is required when collecting a food parcel, such as a letter with recipient's name and address. Hebron Church, Corner of Vicarage Street & Bishopton Road, TS19 0AJ. Email: info@billinghamstocktonborough.foodbank.org.uk Telephone: 07583 575522</p>
<p>Billingham & Stockton Foodbank, Norton Central <i>(referral essential)</i></p>	<p>Open Mondays, 12.30 - 2.30pm</p>	<p>Proof of identification is required when collecting a food parcel, such as a letter with recipient's name and address. St Michael's & All Angels Church, Imperial Avenue, Norton, Stockton-on-Tees, TS20 2EN. Email: info@billinghamstocktonborough.foodbank.org.uk Telephone: 07583 575522</p>
<p>Billingham & Stockton Foodbank, Billingham Central <i>(referral essential)</i></p>	<p>Open Tuesdays & Thursdays, 11 - 2pm</p>	<p>Proof of identification is required when collecting a food parcel, such as a letter with recipient's name and address. 4-6 West Precinct, Billingham Town Centre, Billingham, TS23 2NH. Email: info@billinghamstocktonborough.foodbank.org.uk Telephone: 07583 575522</p>
<p>Salvation Army Stockton Foodbank, Stockton Central <i>(referral essential)</i></p>	<p>Open Mondays & Fridays, 9 - 12pm</p>	<p>Palmerston Street, Stockton-on-Tees, TS18 1NU. Does not run on bank holidays. Telephone: 01642 617629 Email: stockton.citadel@salvationarmy.org.uk</p>
<p>Thornaby Foodbank, Thornaby <i>(referral essential)</i></p>	<p>Open Thursdays, 12 - 1pm</p>	<p>Thornaby Baptist Church, Thorntree Road, Thornaby, TS17 8FZ. Donations can be left directly on Wed 10.30 - 12pm & Thurs 10-12pm. (Other drop off points are available, please message their Facebook page for more details). Telephone: 07469 920606 Email: thornabyfoodbank@gmail.com</p>

How-to guide: accessing emergency food parcels from a foodbank

If you need help, a foodbank can provide an emergency food parcel containing three days nutritionally balanced food. Parcels may also include other essentials like toiletries.

In order to get help from a foodbank you will need to be **referred with a food voucher.**

The voucher is then **exchanged at the foodbank for a food parcel.**

Organisations that can be contacted for food parcel voucher referrals include:

Stockton District Advice & Information Service (SDAIS): 01642 633877

NHS Social Prescribing: 01642 061047 **Stockton Borough Council - Housing:** 01642 528389

Other organisations include: housing associations, advice charities, schools and GPs.





Community pantries & Ecoshops (page 1/2)

Offering low-cost food items in Stockton-on-Tees



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Please double check with the organisation before travel, as details are subject to change. Community pantries & ecoshops do not require a referral, just come along. Items are sold at discounted price.

<p>Arlington Park EcoShop, Ropner</p>	<p>Open Thursdays, 11.30 - 1.30pm</p>	<p>Arlington Park, Adderley Street, Stockton-on-Tees, TS18 3GT Telephone: 07970 088003 or 07980 808920. Email: amalprojectteesside@gmail.com or info@littlesprouts.org.uk</p>
<p>Stockton Hope Community Larder, Hardwick</p>	<p>Open Wednesdays, 11 - 1pm</p>	<p>St. Andrews Methodist Church, Hardwick Rd, Stockton-on-Tees, TS19 8PH. Telephone: 07718 785096 Email: mrsgillcarr@ntlworld.com</p>
<p>Sprouts Community Shop, Thornaby</p>	<p>Open Tuesdays 9 - 12pm & Wednesdays, 9.30 - 12pm</p>	<p><i>Tuesdays</i> - community shop for clothes, kitchenware, bedding etc. <i>Wednesdays</i> - community shop for food, clothes & more. Sprouts Community Shop (behind Victoria Park Community Hall), Peel Street, Thornaby, TS17 6HL. Telephone: 07980 808920. Email: info@littlesprouts.org.uk</p>
<p>Salvation Project, Thornaby Methodist Church</p>	<p>Open Wednesdays, 1 - 2pm</p>	<p>Help with food & toiletries, no referral required. Wednesdays food collection is at 1-2pm, pop in for a chat about how we can support you. Community Bingo with hot drinks & biscuits from 3-4pm meet other families/individuals, all are welcome. Telephone: 07934 409010. Email: salvationproject@outlook.com. Stanstead Way, Thornaby, Stockton-on-Tees TS17 9DZ</p>
<p>Ragworth Community Grocery, Ragworth</p>	<p>Open various days (see details)</p>	<p>Monday - Friday 9.30-4.30pm, Wednesdays 9:30-6pm. The Shack, Dover Road, Ragworth, Stockton-on-Tees, TS19 0JU. Telephone: 01642 925115 Email: ragworth@communitygrocery.org.uk</p>
<p>Pantry in the Park, Billingham</p>	<p>Open Mondays, 9.30 - 11.30am</p>	<p>Open Mondays 9.30 - 11.30am (on bank holiday Mondays, moves to Tuesday, same time). John Whitehead Community Hub, John Whitehead Park, Billingham, TS23 2DD. Telephone: 01642 551171. Email: info@billingham-tc.gov.uk</p>
<p>Holy Rosary Community Pantry, Billingham</p>	<p>Open Fridays, 12 - 3pm</p>	<p>The Medway, Sidlaw Road, Billingham, TS23 2EP (building in between Holy Rosary Church and Holy Rosary School). Telephone: 07757 062798</p>





Community pantries & Ecoshops (page 2/2)

Offering low-cost food items in Stockton-on-Tees



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Norton Methodist Church Pantry, Norton	Open Sundays, 12.30 - 1.30pm	Pantry in building behind Church. 439 - 445 Norton Rd, Norton, Stockton-on-Tees, TS20 2QQ. Telephone: 01642 533379. Facebook page for updates: www.facebook.com/nortonmethodist
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Norton Grange Community Pantry, Norton	Open Wednesdays, 12 - 2pm	64 Somerset Rd, Norton, Stockton-on-Tees TS20 2ND. Telephone: 07881 940592 Email: ng.communitygroup@outlook.com
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Chad's Pantry, Roseworth	Open Thurs 9 - 11am & Sun 9 - 10.30am (see details)	St. Chad's Church, Ragpath Lane, Stockton-on-Tees, TS19 9AY. On Starting Sunday August 4th, opening hours will be 9.30 - 10.30am on Sundays. Telephone: 07496 127428 Email: ana.green354@btinternet.com
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Mill Lane Market & Meal Deals, Stockton Central	Fridays & Wednesdays, (term-time only)	(For families of the school only). Community pantry on Fridays 2.30-3.30pm & affordable 'meal deals' with ingredients to make a family meal, at end of school day on Wednesdays. Mill Lane Primary School, Wellington Street, Stockton-on-Tees, TS18 1QX. Telephone: 01642 860055 Email: milllane@sbcschools.org.uk
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Living Proof Pantry, Stockton Central	Open various days (see details)	Open Tues 5 - 6.30pm, Thurs 5 - 6.30pm, Sat 11-12 noon & Sun 2 - 3.30pm. 66 Dovecot Street, Stockton-on-Tees, TS18 1LL Telephone: 07496 571125 Email: rccglpscc@gmail.com
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Roseberry Community Consortium Ecoshop, Stockton Central	Open Fridays 11.30 - 1pm	Roseberry Community Consortium, 78 Skinner Street, Stockton-on-Tees, TS18 1EG. Bring your own bag. Feel free to stay for a hot drink and a chat in their community space. Telephone: 07538 894834 Email: info@roseberrycommunityconsortium.org
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Nitelight free monthly highstreet stall, Stockton Central	First two Mondays of every month, 11 - 1pm	Free food, toiletries & hygiene essentials, plus free pie meals at Nitelight's highstreet stall. First two Mondays of every month, 11am-1pm (except bank holidays, date is moved to the following Monday). On Stockton Highstreet, opposite Darlington Building Society. Telephone: 07790 627499 Email: info@nitelightcic.co.uk
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Challoner House Community Pantry, Yarm	Open Fridays 12.30 - 3pm	Challoner House Community Centre, Challoner Road, Yarm, TS15 9DS Email: rachel.braithwaite@stockton.gov.uk
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The Bread & Butter Thing

Food hubs offering groceries at a discount



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The Bread & Butter Thing food hubs do not require a referral. To access, you need to sign up via their text message system - see below.

What is the Bread & Butter Thing?

Bread and Butter Thing food hubs offer groceries at a discounted price. They are a new food support service in Stockton-on-Tees. At Bread & Butter food hubs, residents can buy three bags of fruit and vegetables, chilled food, and cupboard staples for £8.50. It is estimated this helps save around £25 compared with buying the items elsewhere.

How do I access the new hubs?

Interested residents can register as members for free. See below information on food hub locations, and how to register.

Once registered, you will receive a text message 48 hours before your hub's 'service day' each week, asking if you would like to shop there. You then simply reply to the message to confirm if you would like to access the hub.

Prices at the hubs are as follows:

Single bags with a condensed offer are priced £5
 Standard three-bag family packages are £8.50
 Large family six-bag packages are £17

Cash, card, NHS Healthy Start credit & Aspen cards are all accepted as payment upon collection.

The Bread & Butter Thing - food hub locations

Vineyard Teesside Vineyard Church	Every Monday at 2pm	Teesside Vineyard Church, Acklam Road, Thornaby, TS17 7HD. Text 07860 063304 with your full name, postcode, and the name of the hub you will be collecting from: 'Vineyard'
Salvation Army Stockton, Stockton Central	Every Tuesday at 1.30pm	Salvation Army Stockton, Palmerston Street, Stockton-on-Tees, TS18 1NU. Text 07860 063304 with your full name, postcode, and the name of the hub you will be collecting from: 'Stockton Town Centre'
New Life Family Centre, Billingham	Every Wednesday at 1pm	New Life Family Centre, Low Grange Avenue, Billingham, TS23 3EQ. Text 07860 063304 with your full name, postcode, and the name of the hub you will be collecting from: 'New Life'
Redhill Family Hub, Roseworth	Every Thursday at 1pm	Redhill Family Hub, Redhill Rd, Roseworth, TS19 9BX. Text 07860 063304 with your full name, postcode and the name of the hub you will be collecting from: 'Redhill'
Newtown Community Resource Centre, Newtown	Every Friday at 1pm	Newtown Community Resource Centre, Durham Road, Newtown, TS19 0DE. Text 07860 063304 with your full name, postcode, and the name of the hub you will be collecting from: 'Newtown'





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<p>Nitelight stall, Stockton Central</p>	<p>First two Mondays of every month, 11 - 1pm</p>	<p>70 free pie, peas and roasties meals in partnership with Just Love Pies, subject to availability, at Nitelight's highstreet stall. Other free food items, clothing and hygiene essentials on the stall. First two Mondays of every month, 11am-1pm (except bank holidays, date is moved to the following Monday). On Stockton Highstreet, opposite Darlington Building Society. Telephone: 07790 627499 Email: info@nitelightcic.co.uk</p>
<p>Stockton Baptist Church, Stockton Central <i>(booking necessary)</i></p>	<p>Thursdays, 12 - 2pm</p>	<p>Booking necessary. Three course meal for £3, running weekly (except holidays, and service also pauses in mid-July and resumes in September). Everyone over 60 years is welcome. Concessions available, ring to enquire. A short Christian-themed talk is held at 1pm. The Square, Stockton-on-Tees, TS18 1TE. Telephone: 01642 602223 Email: office@stocktonbaptistchurch.co.uk</p>
<p>Stockton Parish Church, Stockton Central</p>	<p>Wednesdays, 12 - 2pm</p>	<p>Free soup, bread & cake. Everyone is welcome, no booking required. Part of the session is a Bible teaching, although there is no obligation to stay for this. High St, Stockton-on-Tees, TS18 1SP. Telephone: 01642 611734 Email: office@stocktonparishchurch.org.uk</p>
<p>Stockton Salvation Army, Stockton Central</p>	<p>Mondays 12.30 - 1.30pm</p>	<p>Free takeaway (or sit down) meal every Monday from 12.30-1.30pm. Does not run on bank holidays. Palmerston Street, Stockton-on-Tees, TS18 1NU. Telephone: 01642 617629 Email: stockton.citadel@salvationarmy.org.uk</p>
<p>St. Peter's Church, Ropner <i>(for asylum seekers & refugees)</i></p>	<p>Wednesdays, 11 - 3pm</p>	<p>Free hot meal & activities every Wednesday (for asylum seekers and refugee community only). Crafts group 11-12pm, hot lunch 12-1pm, English learning & conversation 11-12pm & 1-3pm. Free clothes and household items available, free coffee & guidance. St Peter's Church, 75 Yarm Rd, Stockton-on-Tees, TS18 3PG. Telephone: 07958 345177 Email: info@stpetersstockton.org</p>
<p>The Lighthouse Drop-in Centre, Ropner</p>	<p>Mon to Fri 10 - 1.45 pm, Sunday 10 - 1.45pm</p>	<p>Low cost café with surplus food items, sold at 50p each at the counter, subject to availability. 34 Yarm Rd, Stockton-on-Tees, TS18 3NG. Telephone: 01642 640033</p>
<p>Holy Trinity Parish Church, Fairfield</p>	<p>Thursdays 12 - 1.15pm <i>(term time only)</i></p>	<p>Gener8 Luncheon Club - everyone is welcome. Food menu items between £1.50 - £3.15. Soup, toasted sandwiches, specials, subject to availability. Upsall Grove, Fairfield, Stockton-on-Tees, TS19 7QU. Telephone: 01642 570102 Email: holytrinitywithstmarkoffice@gmail.com</p>





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<p>Purple Rose, Newtown</p>	<p>Fridays, 4 - 6.30pm <i>(see details)</i></p>	<p>Free hot food drop-in meal & drinks, music, socialisation & donated items. Everyone welcome. Fridays 4 - 6.30pm (except 1st Friday of the month). Newtown Community Resource Centre, Durham Road, Stockton-on-Tees, TS19 0DE. Telephone: 07359 078314 Email: purplerosehealthandwellbeing@yahoo.com</p>
<p>The Shack, Ragworth</p>	<p>Tuesdays & Fridays <i>(see details)</i></p>	<p><i>Tasty Tuesdays</i> (term-time) - 10-1pm - food & hot drinks (e.g. soup, breakfast buns, muffins, may vary). No booking required. <i>Friday breakfast</i> (term-time) - doors open 9am, food served at 9.30am: breakfast with drink. Donations welcomed, no booking required. The Shack, Dover Rd, Stockton-on-Tees TS19 0JU. Telephone: 07557 381808 Email: theshackcommunityprojects@gmail.com</p>
<p>Norton Grange Community Centre, Norton</p>	<p>Wednesdays, 12 - 2pm <i>(see details)</i></p>	<p>Free lunch club on Wednesdays 12-2pm, running alongside their community pantry. At the lunch club, access support & referrals for employment, housing, budgeting and more. Lunch club pauses during the six week summer holiday, restarts Sept 4th. 64 Somerset Rd, Norton, Stockton-on-Tees, TS20 2ND. Telephone: 07881 940592 Email: ng.communitygroup@outlook.com</p>
<p>St Mary's Parish Hall, Norton Green</p>	<p>First Monday of the month, 12 - 1.30pm</p>	<p>Free monthly parish lunch on the first Monday of the month, from 12 - 1.30pm (not bank holidays). Hot lunch or buffet/sandwiches, depending on availability. Donations welcome. 70 The Green, Norton, Stockton-on-Tees, TS20 1DT. Telephone: 07505 464005 Email: parishadmin@virginmedia.com</p>
<p>Sprouts Community Café at Victoria Park, Thornaby</p>	<p>Tuesdays & Wednesdays, 10 - 2pm</p>	<p>Serving low-cost hot food, snacks and drinks. Victoria Park Community Centre, Peel St, Thornaby, TS17 6HL. Telephone: 07980 808920 Email: info@littlesprouts.org.uk</p>
<p>Thornaby Life Centre, Thornaby <i>(booking necessary)</i></p>	<p>Mondays, 12 - 2pm</p>	<p>Soup Lunch, £1 per person at Thornaby Life Centre (also known as Thornaby Methodist Church). Everyone is welcome. Tea and biscuits are also served. Please visit www.thornabylifecentre.org to check their calendar of events. Please phone to book: 07583 745181</p>
<p>The Vine Café at Teesside Vineyard Church, Thornaby</p>	<p>Wednesdays, 10 - 12pm</p>	<p>Free community café. Free hot drinks, pastries, cake, cup of soups (subject to availability). A place to connect with others, everyone welcome. Free childrens' breakfast during school holidays & craft club. Runs alongside Grow Baby Teesside's free shop for baby items. Acklam Rd, Thornaby, Stockton-on-Tees TS17 7HD. Email: hello@teessidevineyardchurch.co.uk</p>





Hot Community Food - (page 3/3)

low cost or free in Stockton-on-Tees



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Teesside Dementia Link Services, various locations

Telephone: 07722 958610 Email: tdls2016@virginmedia.com

Thornaby Methodist Church <i>(over 60s welcome)</i>	Every first Thursday of the month, 11.30 - 2pm	Thornaby Methodist Church hot meal, everyone over 60s welcome. Donation of £2.50 encouraged. Stanstead Way, Thornaby, Stockton-on-Tees TS17 9DZ.
Brunch Club at Ropner Park Café Oxbridge Lane <i>(see details)</i>	Every Wednesday, 10.30 - 12pm	Brunch Club at Ropner Park Café - every Wednesday 10.30-12pm. Safe and welcoming brunch group for those with dementia, their families and their carers to relax and make new friends. Full english breakfast starting at around £5. Pauses over the school summer holidays. Ropner Park Café, Hartburn Ln, Stockton-on-Tees, TS18 4EF.
Local Dementia Cafés: Relaxed and supportive cafés for people with dementia, their families and carers. Make new friends and get advice & information. Hot drinks & light refreshments available.		
Thornaby Dementia Café	Every second Friday of the month, 1.30 - 3pm	Thornaby Dementia Café at Thornaby Library, free refreshments.
Stockton Dementia Café	Every first Monday of the month, 11.30 - 2pm	Stockton Dementia Café at Stockton Parish Church, low cost refreshments.
Yarm Dementia Cafés <i>(in two locations)</i>	<i>(See details)</i>	Yarm Dementia Cafés: <i>Yarm Methodist Church</i> , low cost refreshments. Every first Saturday of the month, 10-12.30pm. Also runs at <i>Yarm Wellness</i> , every third Monday of the month, 12.30 - 2pm.
Billingham Dementia Café	Every second Monday of the month, 11.30 - 2pm	Billingham Dementia Café at St. Aidans Church, low cost refreshments.
North Billingham Methodist Church, Billingham	12.30 - 2.30pm, every 4th Tuesday of the month	Free two course meal & refreshments, everyone welcome. Run by Billingham Environmental Link Programme. North Billingham Methodist Church, Marsh House Ave, Stockton-on-Tees, Billingham, TS23 3ET. Telephone: 07899 945307 Email: kevin@belp-enterprise.co.uk
Coffee, Cake & Chat at Yarm Wellness Centre	Fortnightly Tuesdays, 1.30 - 3.30pm <i>(see details)</i>	Free coffee, cake and company, 1.30-3pm. Running 9th April and continuing on Tuesdays, fortnightly. Everyone is welcome - enjoy a warm space, and meet new friends. Will not be running in August. Yarm Wellness Centre, High Church Wynd, Yarm, TS15 9BQ. Telephone: 07732 395441 Email: yarmwellness@gmail.com
Yarm Lunch Club, Yarm Wellness Centre	Fortnightly on Tuesdays, <i>(see details)</i>	Fortnightly on Tuesdays, a two course hot meal for older residents. Enquire with organisation, may be a waiting list. Yarm Wellness Centre, High Church Wynd, Yarm TS15 9BQ. Email: yarmlunchclub@gmail.com